

### Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Breakfast Roll Egg	Y Unknown							Y	Y	Y					
Breakfast Roll Bacon	Y Unknown							Y	Y	Y					
Breakfast Roll Black Pudding	Y Whe							Y	Y	Y					
Breakfast Roll Veggie Haggis	Y Unknown							Y	Y	Y					
eggs on toast, hollandaise, poached eggs, toasted sourdough	Y Bar					Y	Y Brz Cas Haz Mac Pec Pis Wal		Y	Y				Y	
French Toast With Maple Syrup and Bacon	Y Whe Bar						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					

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Full Forgans Fry Up Bacon, Pork and Haggis Sausages, Poached Eggs, Black Pudding, Hash Brown, Tattie Scone, Mushrooms, Tomato & Toast	Y Whe Rye Bar Oat							Y	Y	Y				Y	
Full Veggie Fry Up Veggie Sausages, Poached Eggs, Hash Browns, Tattie Scone, Mushrooms, Tomato & Toast	Y Unknown							Y	Y	Y				Y	
Scottish Oak Smoked Salmon Herb Scrambled Eggs, Toasted Brown Bread	Y Unknown			Y		Y	Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	Y		
Baked Camembert For 2 - honey, thyme, onion chutney, crusty baguette	Y Unknown									Y			Y		
Barnetts' Artisan Bread	Y Unknown					Y				Y					
Gordal Olives - olive oil, rock salt															1
Mini Mozzarella Balls with Sun Blushed Tomatoes										Y					
Breakfast Roll Black Pudding	Y Whe							Y	Y	Y					
Breakfast Roll Bacon	Y Unknown							Y	Y	Y					
Breakfast Roll Egg	Y Unknown							Y	Y	Y					
Breakfast Roll Haggis	Y Oat							Y	Y	Y					
Breakfast Roll Sausage	Y Whe							Y	Y	Y				Y	

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Brioche French Toast With Maple Syrup and Bacon	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
Charred Sourdough Toast - Avocado	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Full Breakfast	Y Whe Rye Bar Oat							Y	Y	Y				Y	
Full Veggie Breakfast Eggs Your Way, Veggie Sausage, Veggie Haggis, Tattie Scone, Hash Brown Bites, Tomatoes, Mushrooms, Wilted Spinach, Beans, Toast	Y Whe Rye Bar Oat							Y	Y	Y					
Poached Eggs, Hollandaise & Grilled Sourdough	Y Bar					Y			Y	Y				Y	
Scottish Smoked Salmon with Sourdough Toast	Y Unknown			Y			Y Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y			
Bowl of Soup (V) , Barnett's Bread	Y Whe							Y	Y	Y	Y	Y		Y	
Crispy Haggis Balls & Carrot Crisps, Neeps, Tatties & Malt Whisky Gravy	Y Oat							Y	Y	Y	Y			Y	
Crispy Tempura Cauliflower (v), Sweet chilli and lemongrass, thai basil and coriander	Y Whe				Y		Y Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	

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Forgan's Cullen Skink, Artisan Bread & Butter	Y Whe			Y	M		M Alm Brz Cas Haz Mac Pec Pis Wal	M		Y	M	M	M	M	
Fried Baby Calamari, Paprika, lemon, confit garlic aioli	Y Bar	Y	Y	Y				Y	Y	Y	Y	Y		Y	
Goats cheese, slow cooked onion and beetroot filo tart with herbs	Y Whe Rye Bar Oat									Y	Y	Y		Y	
Pan Seared Scottish Scallops, Sweetcorn puree, charred sweetcorn, prosciutto and lemon butter			Y			Y				Y				Y	
Pork and Apricot Terrine, Pickled radish, carrot, charred sourdough	Y Whe Rye Bar Oat	M	M	M	Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	M	M	M	M	Y	Y	Y	
Scottish Salmon, Gin cured & hot smoked, pickled cucumber salad, lemon crème fraiche and toasted Barnetts bread	Y Whe			Y						Y					
roast potatoes - side															
roast root veg - side															
sunday roast - beef	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y			Y	
sunday roast - veggie haggis wellington	Y Whe						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y		Y	

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sunday roast - whole baby chicken	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
yorkshire puddings - side	Y Unknown							Y	Y	Y					
Beetroot, Chickpea and Pearl Barley Burger (v) (VG bun available), Pretzel Bun, Avocadonaise, Cos Lettuce, Tomato and Skinny Fries	Y Whe									Y		Y	Y		
Beef Bourignon with Puff Pastry, Honey Glazed Vegetables with Buttered Mash	Y Whe								Y	Y	Y			Y	
Beef Bourignon with Puff Pastry, Honey Glazed Vegetables with Chips	Y Whe								Y		Y			Y	
Confit Duck Shepherd's Pie Sugar Snap & Peas & Thyme Jus	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y			Y	
Fillet Steak 7oz - Forgans															
Forgans Bacon Double Cheeseburger, Pretzel bun, two smashed patties, double cheese and bacon, pickles, onion, ketchup and mustard, skinny fries	Y Whe									Y		Y	Y	Y	
Haggis, Neeps & Tatties, Malt Whisky Gravy - Carrot Crisps	Y Oat							Y		Y	Y	Y			
Haggis, Neeps & Tatties, Malt Whisky Gravy - Carrot Crisps - Vegetarian	Y Unknown									Y		Y			

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IPA Battered Haddock & Chips	Y <small>Whe Rye Bar Oat</small>	Y	Y	Y	Y	Y	Y <small>Alm Brz Cas Haz Mac Pec Pis Wal</small>	Y	Y	Y	Y	Y	Y	Y	
Lobster Mac & Cheese, skinnies and bisque	Y <small>Unknown</small>	Y		M				Y	M	Y	M	Y		M	
Local Lobster with Skinny fries, Garlic Butter and Lemon Available Seasonally Based on Market Price		Y								Y					
Pan Seared Scottish Salmon Fillet, sauteed green beans, lemon brown butter, chive mash				Y						Y					
Prime rib to share for 2, 2 sides two sauces	M <small>Unknown</small>	M	M	M	M	Y	M <small>Unknown</small>	M	M	Y	Y	M	M	Y	
Ribeye Steak 8oz - Forgans															
Risotto Verde (vg), Salsa verde, spinach, peas, kale, asparagus, dressed watercress and caper salad						Y		Y		Y	Y	Y		Y	
Rump Steak 8oz - Forgans															
Soft Herb Crusted Pork Loin Lollipops Charred Cabbage, Roast Ratte Potatoes, Burnt Apple Puree & Apple Cider Jus	Y <small>Whe Rye Bar Oat</small>									Y	Y	Y		Y	
Thyme, Rosemary and Garlic Roasted Chicken Breast, Sauteed Green Beans, Dauphinoise Potatoes, Roasted Vine Tomatoes & Peppercorn sauce	M <small>Whe Rye Bar Oat</small>	M	M	M	M	Y	M <small>Alm Brz Cas Haz Mac Pec Pis Wal</small>	M	M	Y	M	M	M	Y	
Feta, avocado and toasted Seed Salad, puy lentils, rocket and radicchio, sherry vinegar dressing										Y					

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Classic Caesar Salad Small - with Anchovies and hens egg	Y Unknown			Y			Y Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Feta, avocado and toasted Seed Salad (Small), puy lentils, rocket and radicchio, sherry vinegar dressing										Y					
The Brunch Board, Pancakes, Bacon, Maple Syrup, Banana, Mini Granola Bowl, Fresh Berries	Y Unknown				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y			Y	Y	
Dauphinoise - Side	M Unknown	M	M	M	M	M	M Unknown	M	M	Y	M	M	M	Y	
Feta, avocado and toasted Seed Salad, puy lentils, rocket and radicchio, sherry vinegar dressing - side										Y					
Fries - Skinny - Side															
Fries - Sweet Potato - Side															
Fries - Thick Cut - Side															
Garlic Bread - Side	Y Unknown									Y			Y		
garlic green beans - side										Y					
Haggis Mashed Potato	Y Oat									Y					
Lobster Mac & Cheese - Side	Y Unknown	Y		M				Y	M	Y	M	Y		M	
Mac & Cheese - Side	Y Unknown							Y	Y	Y		Y			

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smoked Caesar Salad - side	Y Unknown			Y			Y Brz Cas Haz Mac Pec Pis Wal		Y	Y					
Passion Fruit Crème Brulee (V) Shortbread	Y Unknown							Y	Y	Y					
Banoffee Cheesecake (V), Crushed meringue, condensed milk caramel and banana	Y Whe Rye Bar Oat	Y	Y	Y	Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y	Y	Y	Y	
Chocolate & Salted Caramel Tart (v), Vanilla whipped cream	Y Unknown						Y Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
GOLD LEAF, LEMON & RASPBERRY TART (V) Fresh raspberries, 24 carat edible gold leaf flowers & raspberry powder	Y Whe Rye Bar Oat	M	M	M	M	M	M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	M	M	M	M	1
Selection of Arran Sorbets	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal			Y					
Selection of Scottish Cheeses, Blue Murder, Clava Brie, Mull Cheddar Celery, Grapes, Chutney & Wooley's Oaties	Y Whe Bar									Y	Y	M		Y	
Warm Sticky Toffee Pudding (V), Bruleed Fig, Arran Vanilla Ice-Cream & Butterscotch Sauce	Y Unknown				M		M Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	



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Add black pudding	Y Whe														
add chicken Large															
add chorizo					M		M Alm Brz Cas Haz Mac Pec Pis Wal	M		Y					
add fried egg									Y						
Add Garlic Butter										Y					
add garlic prawns		Y								Y					
Add Haggis	Y Oat														
Add Lobster		Y								Y					
add mac and cheese	Y Unknown							Y		Y		Y			
add peppercorn sauce	Y Unknown					Y		Y		Y	Y			Y	
add smoked salmon				Y											
add sweet potato fries															
add tofu								Y							
Add whisky jus								Y		Y	Y				

\* Allergens marked with 'M' may contain that allergen.

 Yes     May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts