

# FORGAN'S



## LOW GLUTEN MENU

### NIBBLES & SHARERS

LOW GLUTEN BREAD AVAILABLE

- FORGAN'S HOUSE OLIVES (v) £3.95  
Orange & Thyme
- MINI MOZZARELLA BALLS (v) £3.95  
Served with Sunblush Tomatoes
- BAKED CAMEMBERT (v) £12.95  
FOR 2 PEOPLE  
Honey, Thyme & Onion Chutney with Bread

### STARTERS

- BOWL OF SOUP (v) £4.95  
Low Gluten Bread & Butter
- FORGAN'S CULLEN SKINK £6.95  
Low Gluten Bread & Butter
- FRESH SCOTTISH SCALLOPS £10.95  
Pea Puree, Crispy Chorizo & Spiced Bloody Mary Dressing
- SCOTTISH OAK SMOKED SALMON £9.95  
Marinated Beetroot with Horseradish Crème Fraiche

### SIDES £3.95

- CHUNKY CHIPS
- SKINNY FRIES
- SWEET POTATO FRIES
- TENDERSTEM BROCCOLI WITH GARLIC BUTTER
- HOUSE SALAD
- DAUPHINOISE POTATOES
- MASHED POTATOES
- HONEY GLAZED VEGETABLES

### SAUCES £2.95

- PEPPER SAUCE
- MALT WHISKY JUS
- GARLIC & HERB BUTTER

### FORGAN'S GRILL

SURF & TURF IT! ADD SCALLOPS £8 FOR 2  
*Local Lobster Will Be Available Seasonally Based On The Market Price.*  
UPGRADE BELOW TO SWEET POTATO FRIES £1.45

- FORGAN'S STEAK BURGER £12.95  
Toasted Bun, Burger Sauce, Tomato, Cos Lettuce & Gherkin with Thick Chips  
*Add Bacon, Smoked Cheddar £1 each*
- SCOTTISH 10oz RUMP STEAK £22.95  
Thick Chips, Cherry-Vine Tomato, Flat Cap Mushroom & Watercress
- SCOTTISH 8oz RIBEYE STEAK £26.95  
Thick Chips, Cherry-Vine Tomato, Flat Cap Mushroom & Watercress
- SCOTTISH 7oz FILLET STEAK £31.95  
Thick Chips, Cherry-Vine Tomato, Tender Stem Broccoli & Pepper Sauce

### MAINS

- CONFIT OF DUCK SHEPHERD'S PIE £15.95  
Sugar Snap Peas with Thyme Jus
- HERB ROASTED CHICKEN £14.95  
Tender Stem Broccoli, Gratin Potatoes & Roasted Vine Tomatoes
- RACK OF BORDERS LAMB £21.95  
Spring Onion Mash, Chantenay Carrots, Caramelised Shallots & Sauce Vierge
- GARDEN PEA RISOTTO £11.95  
Crispy Shallot & Endive
- SCOTTISH SALMON FILLET £15.95  
Citrus Roast Fennel, New Potatoes & Tomato with Watercress
- MARINATED BEETROOT & ORANGE SALAD £10.95  
Kale, Flaked Almonds & Wild Rice with Raspberry Dressing  
*Add Grilled Chicken or Smoked Salmon for £3*

### PUDDINGS

- STRAWBERRY CRÈME BRULÉE (v) £5.95  
Fresh Berries
- SELECTION OF ARRAN ICE CREAM £5.95
- SELECTION OF SCOTTISH CHEESES (v) £8.95  
Celery, Grapes, Chutney & Low Gluten Bread

Please ensure to specify to your server of your allergy when ordering low gluten dishes and suitable sauces. We do everything we can to ensure our dishes do not contain gluten however there are gluten ingredients and dishes prepared and stored in our kitchen.